

Writing (Scientific Stream)**أسئلة مقترحة لمواضيع الكتابة في الفرع العلمي حسب النظام الجديد :****" Most of us get used to having a routine in their lives, but this can be a problem.****Breaking habits and doing new things is good for you".**

Think about these questions:

- Do you have a fixed routine in your life?
- What benefit does it have?
- How can a fixed routine have a negative effect?

ملتقى تعليم فلسطين

Like many other people, I do have a fixed routine in my life. My routine starts early in the morning at about 6:00 a.m., doing my favourite 5-minute exercise and some other necessary things to get ready for my day, and finishes late at night having dinner together with the family before going to bed.

On the one hand, having a daily routine has many benefits. When we have a routine that we follow daily, it reduces the need to make decisions every day. It also enables us to know exactly what tasks we need to do each day without having to contemplate, decide or think too much.

On the other hand, not all routines are good for you. To some extent, habits and routines interrupt your life and prevent you from accomplishing your goals. That is to say, sticking to them on a daily basis won't immediately solve all your problems and can only lead to boredom and resentment.

To conclude, breaking bad habits takes time and effort, but mostly it needs perseverance. Most people, who end up breaking their bad habits, try and fail multiple times before they make it work. You might not have success right away, but that doesn't mean you can't have it at all.

مقالة أخرى إضافية وعنوان مختلف للكتابة عن نفس الموضوع**"Life begins at the end of your comfort zone"****In the light of the above phrase, express in about 150 words of your own what this title means.****Elaborate on the following questions:-**

- What is the meaning of comfort zone?
- What are the benefits of staying inside the comfort zone?
- Why are people often advised to step out of their comfort zone?

A comfort zone is a place where stress levels and anxiety are minimal, a place where there is a certain degree of security which increases your sense of calm, happiness and safety. In other words, daily activities and routines that you are used to will make you feel somehow comfortable and are unlikely to be challenged by anything unexpected or worrying as well as know what's coming next and can plan accordingly.

On the other hand, people are often advised to step outside their comfort zone to break free from the boring habits and routines they currently have, and trying new and different things for several reasons. One reason is that nothing helps you grow more than taking a chance and doing something new. Another reason is that having new experiences helps you learn more about yourself. It can teach you about your interests, skills, talents and your strengths and weaknesses.

To sum up, it's so important to try new things in your life and push yourself out of your comfort zone. The potential benefits are very huge and to be honest, there is nothing to lose, so you should start today and try something new.

Unit Two

ملتقى تعليم فلسطين

"People sometimes feel that they are wasting a lot of time and not getting enough done. This can be stopped by time management "

Write an essay of 200 words about time management focusing on these ideas :

- What is meant by time management?
- Benefits of using time wisely.
- Results of not having any type of time management.

Time management can be defined as the process of organizing and planning how much time you spend on specific activities. Or we can simply say, time management is getting everything done in the allotted amount of time. Good time management enables you to work smarter – not harder – so that you get more done in less time, even when time is tight and pressures are high. Failing to manage your time damages your effectiveness and causes stress.

When time is managed and organized wisely; it can make the difference between a productive day and a very busy day. Using time management during an ordinary day can help reduce stress and simplifies life. Once you finished your activities within the time you planned, then you are a successful time management person, which lead you towards a successful person in the society.

By contrast, without having a plan on how to manage time, it can create stress in life and also forgetting important dates and deadlines. Also, by not having some type of organization in life, it will create chaos and will seem as if there is not enough time in one day to complete the daily tasks.

To conclude, time management is important for every individual. Whether you are a student, teacher, businessman or a working professional – if you are able to manage your time efficiently, you wouldn't be far from achieving your goals.

What are people (especially young) in your country mostly worried about?

write an essay about the most important worries to young people focusing on these ideas:

- What are people all over the world mostly worried about?
- Do our people in Palestine have different worries?
- The main cause for all worries and suffering faced by Palestinians

ملتقى تعليم فلسطين

While most people all over the world worry about normal and inevitable everyday things such as family, work pressures, health, or money, we Palestinians have such worries and much more other worries that are different - and let's say special- for us as Palestinians.

No doubt that there are some worries that closely and greatly touch the people in Palestine, particularly the youth. One of the top worries is employment which comes first in the list according to a recent study and that is due to the increasing numbers of university graduates each year. Another top worry is the freedom of movement to and from Gaza because of the unjust siege imposed on Gaza by Israel and other neighboring countries.

With regard to what is mentioned above, but the thing that can't be overlooked is that the Israeli occupation is the main source and cause for all the worries, problems and sufferings faced by Palestinians over the last decades. The occupation means crime, confiscation of rights, and restriction of freedoms.

These conditions, of course, lead to a life of insecurity and the emergence of many problems and worries that affect all the humanitarian, social, economic and political aspects, making it difficult for Palestinians to perform simple tasks and plan their lives, and stop the development of a stable economy.

Unit Three

Some people think that strange coincidences must mean something and it's hard to explain why they happen but others say that they seem a strange part of normal life. Write an essay of four paragraphs about coincidences in our life.

- The meaning of the common saying "it's a small world"
- How people defined coincidence and how the science replied
- Is it possible to calculate the rate of coincidences happening.
- The relation between coincidences and the number of people we know

ملتقى تعليم فلسطين

We always hear people say "it's a small world" when they meet each other accidentally in an unusual time and place and without any previous planning. This is what we call coincidence. People say it's because of hidden plans outside human knowledge, but scientists give these coincidences specific explanation in which there is always a connection between seemingly random people and things.

Experts prove that they can work out the rate of coincidences happening in normal life. if there are 50 students in one class, the probability that two of them have the same birthday is 95% and if there are just 23 students, the probability goes down to 50%.

So these experts summarize that there is a great connection between coincidences and the number of people we know, so the more people you know, the more you come across coincidences, especially these days with the spread of social media sites.

In my opinion, coincidences are a strange part of normal life which we can't give any explanation or reason. The thing is that we have to accept them as they are.

Unit Four

**Write an essay of four paragraphs about the effects of social media on young people .
make use of the following ideas :**

- What is meant by social media ?
- Examples of positive effects of social media and
- Examples of negative effects of social media
- Your advice to young people who are addicted to it.

ملتقى تعليم فلسطين

Social media is a term used to describe the interaction among people in which they create, share and exchange information and ideas over the internet and in virtual communities. Social media can be a great tool for communication and education, but it also has many harmful effects, particularly on young people today.

The positive effects of social media are clear, such as being able to connect with others from around the world with the click of a button, keeping connections between friends when they're not always able to see each other when they want to. Social media also keeps you up to date with things that are going on around the world rather than just in your area. It also gives the youth a place to express themselves in a way that a public place wouldn't allow them to.

However, the negative effects cannot be ignored, and there are constantly issues including addiction to social media, privacy and poor study habits. Young people who are addicted to social media can live far away from reality. The social websites become their first priority, rather than the things that should come first such as school, family and sports.

In conclusion, although using social media has many benefits in our lives, addiction to social media is not good. It will have awful influences on studying and make us live away from what's going on in the real world. So, in order to avoid being addicted to social media, young people should spend more time playing sports, studying and taking part in school activities.

موضوع آخر إضافي عن التكنولوجيا

Nowadays, technology plays an important role in people's life, especially in the fields of telecommunication and education.

Write an essay of about the statement above focusing on the following ideas:

- Technology advances in both fields
- The importance of today's technology compared with the past.
- The impact of technology on education

ملتقى تعليم فلسطين

Technology

Nowadays technology has brought a lot of changes to our life, especially in education and communication. In communication, the major changes happen in the way we communicate with other people. We don't need to meet them face-to-face to say what is in our mind. We simply can phone them or do video chat using internet connection. As for education, there are many advances in technology that are now used in the classroom and have been very beneficial to the teaching process

In the past, we spent a long time to travel to distant places, but now we just need hours or even minutes to go there using latest technology in a form of transportation means. People face a lot of difficulties in contacting each other in the previous centuries. They used letters, birds, and in some cases smoke for communication purposes. Above all, people nowadays can communicate easily, quickly and continuously by modern telecommunications.

In education, the changes have brought advantages to students and teachers. For instance, students can do their homework or assignments faster because of using the internet. The teachers also get some advantages from it. They can combine their teaching skill with it and produce some interesting materials to teach like colourful slides to deliver the lesson and to show how things happen.

In conclusion, technology has made itself part of every aspect of our lives today, and the students who understand it are the ones who succeed in the business world. Technology itself has given us advantages to improve our life's quality.

Unit Five

Write an essay about (Old and modern ways of communication):

Use these helping ideas:

- Letters are becoming less popular.
- Mention some of new telecommunication methods.
- Situations where letters are more suitable.
- Different types of writing suit different situations.

People have written letters for hundreds of years, but in recent years letters have become much less popular. New ways of communicating (text messages, emails, and the social networks on the internet) have all had an effect.

The new technologies have many advantages. Emails, for example, are easy and quick to write and they are received immediately. This is particularly useful when we are communicating with people in other countries. They are also free – there is no need to buy a stamp to send one. Twitter and other messaging systems are ideal for quick, snappy comments, particularly if you want to reach a large audience.

However, there are situations where letters are more suitable. Letters are more personal, and more suited to expressing feelings. An expression of love in a letter seems more genuine and moving than in an email, even if the text is exactly the same. A letter conveying bad news can seem kinder and more sympathetic than an email with the same news.

We will probably always write letters. There will always be things we need to say in ways that are not suitable for electronic media. We may write fewer and fewer letters, but most likely they will always be a part of our lives.

ملتقى تعليم فلسطين

'Some people say that the Internet provides people with a lot of valuable information. Others think access to so much information creates problems.'

Which opinion do you agree with? Do the following:

- Write about the benefits of using internet.
- Write about the disadvantages of using internet.
- State your opinion and suggest solutions.

It is thought that the Internet is one of the most genius inventions of our time. It is a fast and an easy way to get a lot of valuable information. However, some people believe that the Internet creates many problems. In my opinion, the internet is definitely a valuable source of information, but - as with all forms of technology - one must know how to make the best use of it.

First of all, I think that the Internet brings us many benefits. People can have easy access to the latest news, weather, traffic, and so on. Another important benefit is that the Internet is a great means of communication. A few years ago, it was rather difficult to imagine that it would be possible to communicate with people from all around the world. Students have the opportunity to speak to their professors, ask their opinions and extend their range of interests.

In opposite, many questions and difficulties arose with the appearance of the Internet. For example, it can be risk factor as hackers try to attack computers via the Internet or children have access to things to which they should not have. Also, people's security and privacy are often violated through stealing and gathering information about people and then selling it.

Finally, it is important to bear in mind that some websites are not appropriate for children. In my opinion, governments and families should limit children's access to these websites because they have negative impacts on their minds.

Are friendships important to make?

موضوع آخر عن " أهمية تكوين الصداقات "

Write an essay on the above question, focusing on the following ideas:

- The nature of real friendships
- Reasons for making a lasting friendship.
- Importance of friendships in our life.

ملتقى تعليم فلسطين

There are many valuable things in life, but friendship may be one of the most important. Real friends are the ones who will never ever leave you alone in any circumstances even if the whole world is acting against you. We all need a friend with whom we can share our happiness, sadness and other important events of life. As the old famous proverb says " A friend in need is a friend indeed".

One of the reason is that everyone needs a good and loyal friend who shares bad or good life events, enjoys happy moments and share unbearable events of life. A good and balanced human interaction is very necessary for the survival of everyone

Another reason why you should always value friendship is that a good friend will always be there to lend you a helping hand whenever you need it. We all find ourselves in need of help from our friends from time to time, and this is because when you have friends, you know that you can always reach out to them for help and they will be ready and willing to lend a hand whenever they are able to.

In conclusion, friendship is a huge part of our lives and it is something to be treasured. We often do not understand the true value of friendship until we really need it the most. Life is colourless and means nothing without a true friendship.

Some people choose friends by meeting them face to face. Others choose friends by going through internet. Compare the advantages of face-to-face friends with the advantages of on-line friends.

ملتقى تعليم فلسطين

Introduction: Introduce the topic of friendship in general.

Paragraph 2: The advantages of having on-line friends.

Paragraph 3: The advantages of having face-to-face friends.

Conclusion: Which kind of friend do you prefer for yourself? Why?

Friendship is an important part of life, but many of us find it difficult to find, make and in particular, keep friends. Friends are the people in your life who understand you and be with you forever as long as you live. But the dilemma is what makes a true friendship, is it the real-life friends or the online ones? In the following paragraphs, I will try to compare between both and explain my position more clearly.

Online friends are people you don't really know but you met them once at a conference, on a social networking site, on Twitter, or maybe you added them to your Facebook because they're friends with someone you know. An online friend is only available whenever they are connected to the Internet.

By contrast, real-life (face-to-face) friends keep you company when they can, when they're not busy with something else or watching a favorite television show. With your real-life friends, you can make plans for tea or lunch, and you can complement them on their new haircut. You can also go out to cinemas or to your favorite restaurants and do things you both enjoy.

Personally, I prefer real-life friends because having hundreds of online friends is not the same as having a close friend you can be with in person. Online friends can't hug you when a crisis hits, visit you when you are sick, or celebrate a happy occasion with you. Our most important and powerful moments happen when we are face to face. So make it a priority to stay in touch in the real world, not just online.

Write a paragraph about your favorite school subject. Include the following information.

- What subjects you are learning at school this year.
- Which ones you like best and are most interested in.
- Why you like the subject.
- How long you have been studying the subject.
- What you would like to do with the subject in the future.

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ملتقى تعليم فلسطين

At my school, I have been learning many subjects like English, geography and history, but my favorite subject is English because I never have difficulty in it and always get good marks in tests. The reasons which encouraged me towards this subject is that it is the most important in the world. It also helps us to communicate with other people from English-speaking countries.

In fact, I have been learning English for 7 years. I am interested in English subject since it represents the understanding of many cultures and sciences. I think all of English skills are very admiring, but the one I prefer is speaking skills which enables me to communicate with my English-speaking friends so that I can avoid misunderstanding them.

To Sum up, I hope to have a chance to widen my knowledge in this subject and became a teacher of English in the future and achieve my dream as a good English speaker.

Unit Seven

Many experts focused on the phrase "dream jobs"

Write an essay of about 150 words on the above phrase focusing on the following ideas:

- What does this phrase mean?
- Why a dream job is important for someone to choose.
- What you think the most difficult thing about the job would be.

A dream job is doing what you absolutely love to do that supports the lifestyle you choose to have. Everyone dreams to have a good job. I am not an exception in this case. For me personally, the dream job, I'm looking forward to, would be working as a teacher for its positive rewards. While others would say that the job of teaching would be a hard one and like any other job having its own negatives.

On the one hand, having a dream job could make you accomplish the things you want to do in life. That's why teaching, for me at least, is one of the most direct ways to make an impact, and if you are driven by the desire to help those around you, being a teacher is an invaluable contribution.

Another advantage is that teachers can share their passion, share it with others, and make a difference by reaching their students. What's more, teachers do more than teach, and their impact extends far beyond the classroom. As a teacher, you are more than just an educator: you are a mentor, a confidant and a friend.

On the other hand, what makes the job very difficult to do - to some people - is the challenges of meeting student needs such as class overcrowding, students with very different needs and poor school resources. Another challenge is homework in which not only students who have homework to do at home, teachers also work outside the school hours, often in the evenings, to prepare their lessons.

To sum up, the job of teaching is a helpful and respected one in society, and it is the dream I am looking forward to come true one day. At the time being, I am still a university student and I will try my best to become a good teacher in the future.

Write an essay about 200 words about the role of school to prepare students for working life.

Use the following ideas:

- How important is it for schools to prepare students for working life?
- What do employers expect students be ready for?
- Things schools should do to get students ready for their working life.

ملتقى تعليم فلسطين

As the world becomes increasingly globalized, the need for preparing and equipping school students with the necessary skills and qualifications for the world of work is a must. Generally, education's purpose is to empower students to find their own paths to their own dreams; to create life-long learners who are prepared for both the modern world and the future as well.

Employers today look for skilled and flexible workers who have the ability to interact with others, plan and organize, make decisions, identify and solve problems, create and innovate and work in a more digital world. What's more, many employers expect school leavers to have already had some practical experience, enabling them to quickly become productive in a new job. Therefore, preparing students to face potential employers should be given the same level of priority as academic achievement in schools.

Along with equipping the students with the skills needed for the world of work, there are things that schools should do to help and prepare students for their entry in the workforce. One thing is that schools should offer more intensive courses in technology to teach their students the skills needed to succeed in today's technology-driven workforce. More importantly, students should be encouraged to participate in work experience days - better be arranged by the students themselves - as they give them great insight into what happens in an office.

To conclude, the students' transition from going to school to entering the world of work can be scary, but if the students are armed with the right knowledge and skills, together with the encouragement from their schools and parents, they can make a smooth transition as well as have the confidence needed to succeed in their career fields.

Write a short essay of at least 120 words about the importance of science and art subjects at schools.

Use the following ideas:

- Science subjects and their importance to the whole world.
- What proves the necessity for science subjects.
- What art subjects serve people with.
- State your opinion which is of great importance.

ملتقى تعليم فلسطين

It's obvious that people's interest in science subjects grows increasingly popular in our today's world. The belief is that science is the key to all problems in our life while others view it as equal as other fields and claim that such a great amount of investment in teaching science would be unfair for other subjects. I totally agree with the latter view as both subjects are needed to improve our knowledge, understanding and quality of life.

On the one hand, the current global technical progress proves the necessity of studying math and science. Besides, studying science equips a student with essential skills that make them employable. Also, the fact that changing and developing environment requires high technical skills and globalization of the world proves that studying science and math is of great importance.

On the other hand, it is art, music and literature that make our life happier, give us a possibility to express ourselves and relax. It is history that helps us understand the present and predict the future. It is them all that make us "humans". The study of arts may not make us directly employable, but it prepares us for future jobs that require imagination, creativity and good communication skills as well.

Finally, everyone in this universe is unique. Some of us like to study math and science, others find pleasure in history, art and literature. In spite of the fact that there are reasons supporting studying science subjects and arts ones, it cannot be stated which ones are of greatest importance.

Unit 8

Write an essay of at least 150 words about the advantages and disadvantages of running your own business.

Use the following ideas:

- Why owning your own business is better than being someone else's employer.
- Advantages of setting up your own business.
- Disadvantages of doing business on your own.

ملتقى تعليم فلسطين

Nowadays, running own business is very popular among people. It is a fact that today's youth would prefer to run their business rather than work for an employer after graduating from university. They are not much interested in being employed for another company. I agree with this opinion, but we need to remember that running a company does not suit everybody.

There are several advantages of setting up your own business. First, it gives you freedom in your decisions. You can choose the method of management, set the goals for the business yourself. You will not be stressed about your boss, that he will not agree with your decisions or will not be satisfied with your job. Another benefit of this type of business is the financial aspect. If everything goes well, you will earn more than if you work for someone else. In most cases, the more effort put into the business, the greater the results.

On the other hand, there are some disadvantages, such as being risky. If there is an economic downturn or you make mistakes in your business decisions, your company can go down, which can mean you lose everything. Also, it is a major responsibility to employ many people, and you must not do anything which would put people's jobs at risk.

In conclusion, although there are some disadvantages of running your own business, I think that the benefits outweigh the drawbacks.

Unit 9

ملتقى تعليم فلسطين

"Do you think the salaries of top sports players are too high nowadays?"

Write an essay of not less than 150 words about the previous question, focusing on the following ideas:

- **Paragraph one:** An introduction
- **Paragraph two:** Why some people are against sports players' high salaries.
- **Paragraph three:** Why other people are for the high salaries given to sportspeople.
- **Paragraph four:** State your opinion

It is true that sports stars earn huge salaries. While there are some reasons why this is the case, I personally believe that it is wrong for these people to be paid more than other professionals.

Some people believe that sports professionals earn too much money. They argue that sport is a form of entertainment rather than a vital service. We could easily live without sportspeople, yet other professionals who contribute much more to society are undervalued and underpaid. For example, football players can earn enormous salaries by simply kicking a ball, while nurses, teachers and doctors earn a fraction of the money despite being essential for our health and prosperity. From this perspective, sports stars do not deserve the salaries they currently earn.

On the other hand, it is fair that the best sports professionals earn a lot of money. There are reasons why they receive a considerable amount of salary. One is that being a top sportsperson requires hours of practice to develop their skills and fitness and only the most talented among them reach the top. Also, a sports career may only last 10 years, usually because of injuries. There is also a large audience of sports fans who are willing to pay to support their teams. As a consequence, it is easy to say that it is not unfair to be paid huge amount of money.

In conclusion, there are convincing arguments both for and against the salaries paid to the sports stars whether they are fair or not, but I personally believe that they should not be paid more than other professionals who are more essential for our society.

Unit 10

'Like people, products have identities and they are called brands.'

In the light of the above statement, Write an essay about 200 words about the importance of brand names.

You may use the following ideas:

- What is meant by brand and brand loyalty?
- Why is brand loyalty important?
- Benefits we get from brands.
- Disadvantages of brands

ملتقى تعليم فلسطين

Brand is a product, service or a concept that distinguishes an organization or a product from other competing products in the eyes of the customers. Whereas brand loyalty is a pattern of consumer behaviour where consumers become committed to brands and choose to repeatedly buy from the same brands over time.

Brand loyalty is an extremely important factor for the product's popularity in which most people who are loyal to one brand generally do not switch to other brands very easily. In other words, when a buyer is convinced that his choice is the correct one and he is buying superior products, then he will not shift his loyalty towards other products easily regardless of the clear difference in price.

On one side of the matter, there are people who argue that the benefits of brands considerably outweigh their disadvantages. One advantage is warranty that encourages people to trust and buy the brand product. For instance, brand watches such as Casio, Lacoste, Nixon and many others always come with at least two years warranty. Another advantage is related to saving money from the new energy-saving electric household devices such as LG and Samsung washing machines, dishwashers and T.V sets.

On the other side of the matter, one major disadvantage of branding is the expense. Business owners may feel pressured to increase the price of their products to compensate for the increased expense, which could cause customers to switch products. Another disadvantage is when you're loyal to one brand, you may miss out on similar products that offer the same features at a better price. One more is when you become too attached to one brand that you've purchased for years and you find some kind of difficulty in transition to other options.

In conclusion, building brands is important in business because consumers stay loyal to them, even sometimes after they have disappeared. A successful brand depends on how people see the product, and various things can have a negative effect on this.

Unit 11

ملتقى تعليم فلسطين

Write an essay about the advantages and disadvantages of living abroad.

You may use the following ideas:

- What reasons make people leave their country to live in another.
- Benefits of living abroad.
- Disadvantages of living abroad.
- State your opinion

Sometimes, whether for work, education or other reasons, we have to move to another country. Leaving home and living in a different country has its own benefits and drawbacks. In this essay I will outline some of the advantages and disadvantages of living abroad.

Let's begin by looking at the good points of this matter. One of the main benefits of living abroad is that you'll keep this great experience in your mind forever. Another advantage is to learn a new language, which is very helpful for finding a well-paid job in the future. A third advantage is that you often meet people from different cultures and from all walks of life. One more advantage is that you can travel to many fabulous places, in which every new country you visit, offers new travel opportunities and it's a great chance to see the world.

Turning to the other side of the matter, there are also some disadvantages of living abroad. Culture shock is a major problem for many people. Another is when you are in a foreign country, you'll certainly miss your family, relatives and friends. Also, you miss being part of all the cultural festivals which are celebrated in your country.

To sum up, I think that living in a foreign country has more benefits than drawbacks. As the proverb says, "to gain something, you have to lose something." Therefore, one should be prepared to sacrifice some of the advantages of living at home in order to enjoy the benefits of living abroad.